

Positive Teams: The Trust factor

An Experiential Team Development Journey

Strengthen Connection. Build Trust. Boost Performance.

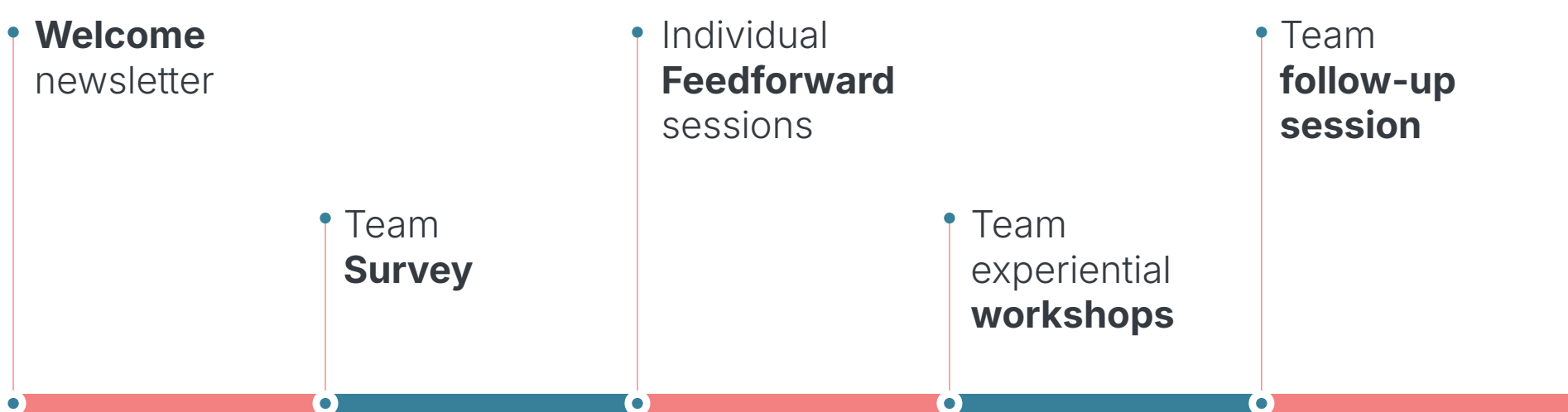
In today's complex and constantly changing work environment, successful teams are built on trust, psychological safety, purpose, meaning and shared ways of working.

Rooted in applied organizational and positive psychology, the program helps teams strengthen the human foundations that reinforce collaboration, engagement and team success.

Who it is for

Teams ready to invest in meaningful development, stronger bonds, greater alignment and accountability, and a more trusting way of working together. Teams ready to fulfill their potential...

The Journey



Key Team Development Themes

- ✓ **Trust & psychological safety** for higher performance, learning and innovation
- ✓ **Shared purpose & meaning at work** for stronger engagement and alignment
- ✓ **Personal strengths & meaning** for wellbeing, satisfaction and contribution
- ✓ **Growth mindset** for learning, adaptability and creativity
- ✓ **Ways of working** for greater effectiveness and smoother collaboration
- ✓ **Gratitude & appreciation** for a positive and supportive team climate
- ✓ **Connection** for stronger relationships and everyday collaboration

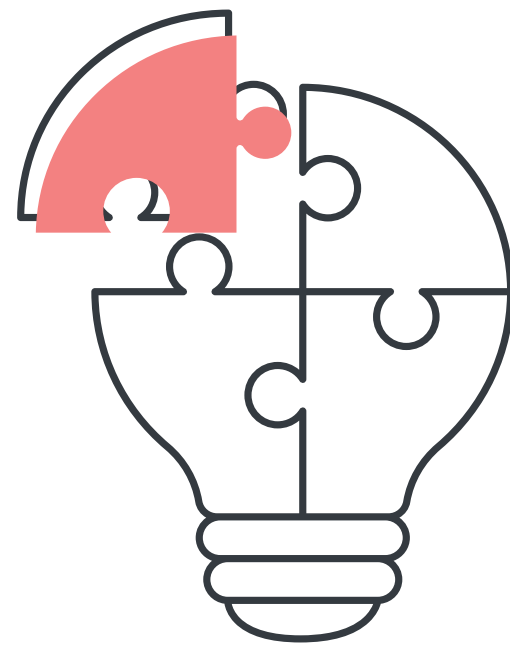
Insights Tool

NeuroTeamView Survey by Envisia Learning

A research-based team assessment that explores the four pillars of psychological safety and trust. It provides:

- ◆ Team data to understand the current reality and climate
- ◆ Individual insights to support self-reflection and focus areas
- ◆ A foundation for team and individual action planning for sustainable improvement

Based on research from global authorities in the fields of trust, psychological safety and team effectiveness.



Why it stands out

Experiential approach

Engaging both thinking and emotion through interactive experiences, reflection and application.

Robust awareness tool

Providing meaningful insights that strengthen engagement, awareness and growth on individual and team level.

Human psychological lens

Focusing on the human aspect of sustainable performance, learning and wellbeing.

Modular design

Creating space for reflection, application and lasting positive change.

Evidence-based foundation

Built on scientifically validated models and practices, proven to support team effectiveness.

Your facilitators



Alexandra Lekkou & Vicky Grigoriadou
Co-Founders | Certified Coaches | Facilitators

Alexandra and Vicky, co-founders of theHappyLab, combine scientific rigor with real-world leadership experience. They have an academic background in psychology, long experience in senior HR and Business management roles, are certified professional coaches, trained facilitators and mentors.

Information

Contact us for more information at:

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WE LOOK FORWARD TO SUPPORTING
YOUR **TEAM'S JOURNEY!**