

Why "soft" skills are "hot" skills

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Erasmus Leaders 2024

*****ESN

Erasmus Student Network Greece

Apr 14th, 2024 | Athens

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- The two keys to success:
- **O**. Who stands out?
- b. Who is really fulfilled?
- How to build the skills that

matter the most!

Project Aristotle: *"What makes a great team at Google?"*¹

180 teams were studied

- hundreds of double-blind interviews with leaders
- existing survey data analysis (e.g. annual employee engagement survey and Google's longitudinal study on work and life)

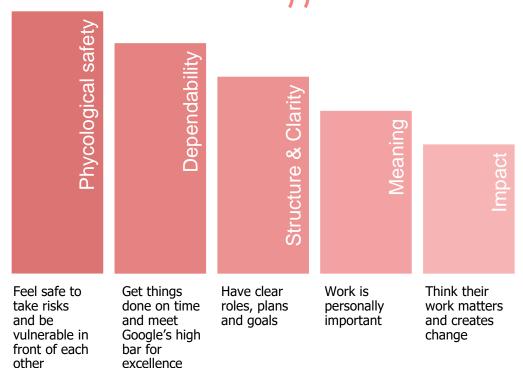
Team effectiveness was measured by

- Executive evaluation of the team
- Team leader evaluation
- Team member evaluation
- Sales performance against quarterly quota

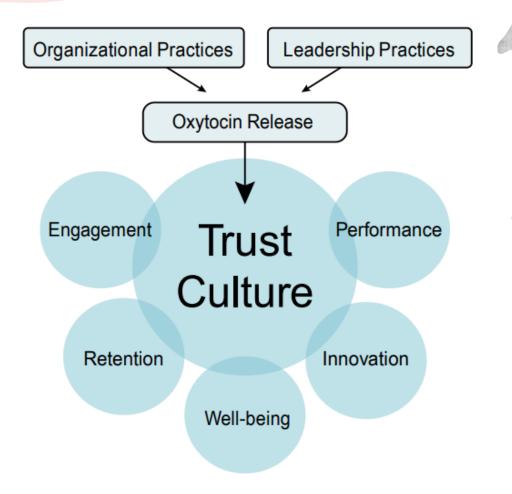
Researchers looked at

- team composition (e.g., personality traits, emotional intelligence, skills, demographics like tenure, level, location)
- team dynamics (e.g., what it was like to work with teammates)

What really mattered was less about who is on the team, and more about **how the team worked together**



TRUST & its' Impact



ALC: NOT		Dra	Cys L
2	Outcome	Low vs. High Trust Quartile Percentage Difference	NH ON
- 6	Engagement	+76% 106%	
	Joy at Work	+76% 106% +60% more energy!	
6	Job Satisfaction	+56%	
	Productivity	+50%	The second
20	Job Retention	+50%	-
	Life Satisfaction	+29%	I N
	SickDays	-13%	0
	Burnout	-40%	J.N.
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"Brain Trust", Paul Zak & Kenneth Nowack

Talent Economy 2017

The 4 pillars of Trust¹



Trust building behaviours

Caring	Demonstrates concern for the feelings and needs of other team members		
9	Supports, collaborates, and works in a cooperative manner with other team members		
	Develops and maintains friendly, supportive and caring relationships with other team members		
Candid	Communicates in a direct, open, and honest manner with other team members, even when it is difficult		
	Willing to ask challenging questions, bring up difficult issues, or propose controversial solutions with other team members		
	Acknowledges and accepts responsibility for his/her behaviour, poor judgment, or mistakes without becoming defensive or blaming other team members		
Consistent	Behaves in a predictable manner in the face of pressure, challenges, and setbacks		
	Acts and behaves in a consistent manner (says and does things that are consistent with each other)		
	Delivers on agreed upon promises, commitments, plans, and goals with other team members		
Capable	Demonstrates knowledge, competence, and skills to successfully implement their team roles and achieve their goals		
	Completes tasks, projects, and assignments on time and meets the team's high expectations for excellence		
	Open to the ideas from other team members despite his/her experience and skills		



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- Where do I stand on each pillar of Trust?
- What can I do to foster trust even more effectively?

Trust activity

MEANING through Signature Strengths



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Thank you



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